

Interesting Article

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Wednesday, 18 July 2012 20:24 - Last Updated Saturday, 25 August 2012 20:46

Taking their child's sport experience too seriously, and not mixing in the appropriate levels of fun and recreation.

- **Living vicariously – as though they were taking part themselves – through their child's sport experiences.**

- **Having an unrealistically overblown assessment of their child's talent.**

- **Failing to realise when their child is developing their skills rather than being competitive.**

- **Not realising that their child can learn valuable sport and life lessons even when they lose.**

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